Damiano Tambasco

Curriculum Vitae

Associate Professor of Plastic Surgery

European University of Rome (UER), Rome, Italy
July 2026 - Present

Head of the Aesthetic Plastic Surgery Unit
San Carlo di Nancy Hospital, GVM Care & Research, Rome

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Declaration

Personal information

Name: Damiano Tambasco

Place and date of birth: [Redacted]

Citizenship: Italian

Home address: [Redacted]

Work address: Via Aurelia 275, 00165 Rome, Italy. San Carlo di Nancy Hospital, GVM Care & Research.

Telephone: [Redacted]

Email: [Redacted]

Education and training

- 2002. Classical secondary school diploma, Liceo Ginnasio Statale, Vallo della Lucania (Salerno), Italy. Final grade: 100/100.
- October 2005 - June 2006. Clinical placement in General and Hepatobiliary Surgery, Agostino Gemelli University Hospital, Rome. Director: Prof. G. Nuzzo.
- October 2006 - July 2007. Clinical placement in Plastic Surgery, University of Salamanca, Spain. Supervisor: Prof. L. Arranz.
- July 2007 - July 2008. Clinical placement in Plastic Surgery, Agostino Gemelli University Hospital, Rome. Supervisor: Prof. E. Farallo.
- 2008. Degree in Medicine and Surgery, Università Cattolica del Sacro Cuore, Rome, Agostino Gemelli University Hospital. Final grade: 110/110 with honours.
- 2009 - 2014. Residency in Plastic, Reconstructive and Aesthetic Surgery, Agostino Gemelli University Hospital, Rome. Programme Director: Prof. E. Farallo.
- 2013. Full registration with a licence to practise, General Medical Council (GMC), United Kingdom. Reference number: 7449938.
- 2014. Specialist qualification in Plastic, Reconstructive and Aesthetic Surgery, Università Cattolica del Sacro Cuore, Agostino Gemelli University Hospital, Rome. Awarded with the highest marks.
- 19 November 2024. Italian National Scientific Qualification (Abilitazione Scientifica Nazionale) for appointment as Associate Professor, competition sector 06/E2 - Plastic and Reconstructive Surgery, Paediatric Surgery and Urology, following the procedure announced under Director's Decree DD 1796/2023.

Professional experience

- July 2026 - Present. Associate Professor of Plastic Surgery, European University of Rome (Università Europea di Roma, UER), Rome, Italy.
- October 2005 - June 2006. Clinical placement in General and Hepatobiliary Surgery, Agostino Gemelli University Hospital, Rome. Director: Prof. G. Nuzzo.
- October 2006 - July 2007. Clinical placement in Plastic Surgery, University of Salamanca, Spain. Supervisor: Prof. Arranz.
- July 2007 - July 2008. Clinical placement in Plastic Surgery, Agostino Gemelli University Hospital, Rome. Supervisor: Prof. E. Farallo.
- 2009 - 2014. Residency in Plastic, Reconstructive and Aesthetic Surgery, Agostino Gemelli University Hospital, Rome. Programme Director: Prof. E. Farallo.

- 2013 - 2014. Surgical Assistant, Abbey Pines Hospital, Manchester, United Kingdom (Transform Cosmetic Surgery Group). Involvement in more than 3,000 aesthetic procedures, including breast augmentation, mastopexy, liposuction, blepharoplasty, abdominoplasty, buttock augmentation and facelift surgery.
- 2014 - 2021. Plastic Surgeon in private practice at Clinica Parioli and MySelf Clinic, Rome. Performed 5,300 plastic surgery procedures as primary surgeon, including VASER liposuction (2,650), FUE hair transplantation (1,390), breast augmentation (497), lipoabdominoplasty (584), and procedures for gynaecomastia, mastopexy, breast reduction and autologous fat grafting.
- March 2022 - Present. Head of the Aesthetic Plastic Surgery Unit, San Carlo di Nancy Hospital, Rome, GVM Care & Research.

Languages and international experience

Languages

Italian: native language. English: excellent. Spanish: excellent. French: good. Portuguese: good.

International clinical training

- September 2015. Newport Beach Surgery Center, California, USA. Prof. R. K. Daniel.
- October - November 2016. Istanbul, Turkey. Dr Baris Cakir.
- 2016, 2017 and 2018. High-definition liposculpture training in Medellín, Bogotá and Cartagena, Colombia. Dr Christian Montes.
- February 2019. Jack Zamora Clinic, Denver, Colorado, USA. Dr Jack Zamora.

Professional experience abroad

- October 2006 - July 2007. Clinical placement in Plastic Surgery, University Hospital of Salamanca, Spain. Supervisor: Prof. Arranz.
- 2013 - 2014. Surgical Assistant, Abbey Pines Hospital, Manchester, United Kingdom (Transform Cosmetic Surgery Group). Involvement in more than 3,000 aesthetic procedures, including breast augmentation, mastopexy, liposuction, blepharoplasty, abdominoplasty, buttock augmentation and facelift surgery.

Leadership and participation in national and international research groups

Male chest enhancement

Lead investigator of a national collaborative research group developing a surgical algorithm to guide plastic surgeons in selecting treatment for male chest deformities associated with volume deficits, gynaecomastia and different degrees of skin laxity.

Participating institutions: Clinic of Plastic and Reconstructive Surgery, Department of Medical Area (DAME), Academic Hospital of Udine, University of Udine, Italy (Director: Prof. P. C. Parodi); and Plastic Surgery Unit, San Carlo di Nancy Hospital, Rome, Italy (Head: Dr Damiano Tambasco).

The study included 300 patients and resulted in the publication: Tambasco D, Albanese R, Scarabosio A, Tomaselli F, Parodi PC. A Three-Dimensional Approach to Male Chest Enhancement: A Surgical Algorithm Based on 300 Cases. Aesthetic Plast Surg. 2024 Sep;48(18):3646-3655. doi: 10.1007/s00266-024-04063-5.

Masculinising chest reconstruction

Member of a national and international collaborative research group investigating techniques and outcomes in chest masculinisation.

Participating institutions: Department of Plastic Surgery, University Hospital of Coventry and Warwickshire, Coventry, UK (Dr G. Di Taranto); Clinic of Plastic and Reconstructive Surgery, Department of Medical Area, Academic Hospital of Udine, University of Udine, Italy (Director: Prof. P. C. Parodi); and Plastic Surgery Unit, San Carlo di Nancy Hospital, Rome, Italy (Head: Dr Damiano Tambasco).

The collaboration resulted in: Albanese R, Di Taranto G, Tomaselli F, Parodi PC, Tambasco D. Masculinizing Chest Reconstruction: Hot Topics. Annals of Plastic Surgery. doi: 10.1097/SAP.0000000000004058.

International body contouring survey

Leader of an international research group within the EASAPS Body Contouring Task Force, chaired by Mario Mendanha (Portugal).

Participating investigators and centres: Dr Damiano Tambasco, San Carlo di Nancy Hospital, Rome, Italy; Dr David A. Sieber, Department of Plastic Surgery, University of California San Diego, USA; Dr Alfredo Hoyos, Department of Plastic Surgery, Total Definer Research Group, Bogotá, Colombia; Dr Jack Zamora, Jack Zamora Cosmetic and Research Center, Denver, Colorado, USA; Dr Mauricio Viaro, Sa.Vi Medicina, Santa Maria, Rio Grande do Sul, Brazil; Prof. P. C. Parodi, Clinic of Plastic Surgery, University Hospital of Udine, Italy; and Dr Jordi Mir Batlle, MirAcademy, Barcelona, Spain.

Findings were presented by Dr Tambasco at the ISAPS World Congress, Cartagena, Colombia, 11-15 June 2024, in a presentation entitled "Body profile survey: how requests change in the world".

Related publication: Tambasco D, Mir J, Hoyos A, Sieber DA, Viaro M, Zamora J, Manfrim CG, Zara E, Tomaselli F, Montes C, Isola M, De Martino M, Parodi PC, Albanese R, Mendanha M. "Doctor, I want to be like this! Exploring global beauty standards through a multicenter survey of aesthetic surgery patients." Plast Reconstr Surg Glob Open. 2025 Jan 21;13(1):e6431. doi: 10.1097/GOX.0000000000006431.

Open and endoscopic rectus diastasis repair

Member of an international collaborative research group comparing techniques for rectus diastasis repair, specifically an open approach during lipoabdominoplasty and a closed endoscopic approach.

Participating institutions: Surgery Department, Hospital Universitario Británico de Buenos Aires, Perdriel 74, 1280 CABA, Argentina (Chief: D. E. Pirchi); and Plastic Surgery Unit, San Carlo di Nancy Hospital, Rome, Italy (Head: Dr Damiano Tambasco).

The study included 170 patients and resulted in: Medina P, Tambasco D, Croceri R, Tomaselli F, Pirchi DE. Abdominoplasty versus endoscopic approach to diastasis recti repair: a comparative study of outcomes. JPRAS Open. 2024 Jul 9;41:411-419. doi: 10.1016/j.jpra.2024.06.011.

J medial thighplasty combined with helium plasma assisted liposculpture

Leader of a national collaborative research group investigating a combined J-pattern medial thigh lift and helium plasma-assisted liposuction technique to reduce postoperative complications, particularly seroma, wound dehiscence and lymphatic complications.

Participating centres: San Carlo di Nancy Hospital, Rome (Dr Damiano Tambasco); Clinic of Plastic and Reconstructive Surgery, Department of Medical Area (DAME), Academic Hospital of Udine, University of Udine, Italy; and Department of Plastic Surgery, University Hospital of Modena, University of Modena and Reggio Emilia (UNIMORE), Italy (Director: Prof. G. De Santis).

Preliminary findings were presented by Dr Tambasco at the ISAPS World Congress in Cartagena, Colombia, 11-15 June 2024: "The J medial thighplasty combined with a helium plasma assisted liposculpture: a novel technique".

Related publication: Tambasco D, Albanese R, Tomaselli F, Pinto V, Pinelli M, De Santis G. Minimizing Thighplasty Complications: A Combined Approach of J-Medial Pattern and Helium Plasma-Assisted Liposculpture. Plast Reconstr Surg. 2025 Aug 1;156(2):247-251. doi: 10.1097/PRS.0000000000011962.

Ultrasound and helium plasma assisted liposuction

Lead investigator of a national and international collaborative research group evaluating the effectiveness, safety and reproducibility of ultrasound- and helium plasma-assisted liposuction.

Participating institutions: Department of Plastic and Reconstructive Surgery, University Hospital of Modena, University of Modena and Reggio Emilia, Italy (Director: Prof. G. De Santis); Clinic of Plastic and Reconstructive Surgery, Department of Medical Area (DAME), Academic Hospital of Udine, University of Udine, Italy (Director: Prof. P. C. Parodi); Department of Plastic, Reconstructive and Aesthetic Surgery, Hospital Sud, University of Rennes 1, France (Director: Prof. N. Bertheuil); and Plastic Surgery Unit, San Carlo di Nancy Hospital, Rome, Italy (Head: Dr Damiano Tambasco).

The study included 639 patients. Preliminary findings were presented at the AECEP Congress (Spanish Association of Aesthetic Plastic Surgery), Madrid, and led to: Tambasco D, Albanese R, Scarabosio A, Tomaselli F, Pinelli M, Pinto V, Parodi PC, Berkane Y, De Santis G. Ultrasound and Helium Plasma-Assisted Liposuction for Body Contouring: A Retrospective Cohort Study of 639 Patients. Aesthetic Plast Surg. 2024 Oct 14. doi: 10.1007/s00266-024-04367-6.

Lipoabdominoplasty with Renuvion after weight loss

Member of an international collaborative research group investigating the technique and outcomes of lipoabdominoplasty combined with Renuvion as an alternative for patients otherwise considered candidates for fleur-de-lis abdominoplasty.

Participating institutions: Clinic of Plastic and Reconstructive Surgery, Department of Medical Area (DAME), Academic Hospital of Udine, University of Udine, Italy (Director: Prof. P. C. Parodi); Department of Plastic, Reconstructive and Aesthetic Surgery, Hospital Sud, University of Rennes 1, France (Director: Prof. N. Bertheuil); and Plastic Surgery Unit, San Carlo di Nancy Hospital, Rome, Italy (Head: Dr Damiano Tambasco).

Related publication: Tambasco D, Scarabosio A, Tomaselli F, Bertheuil N, Parodi PC, Berkane Y, Albanese R. The Role of Helium Plasma-Assisted Liposuction in Lipoabdominoplasty After Weight loss. Aesthetic Plast Surg. 2025 Feb;49(3):805-813. doi: 10.1007/s00266-024-04542-9.

Male chest reshaping with pectoral implants

Member of a national and international collaborative research group investigating the technique and long-term outcomes of pectoral implants for male chest contouring.

Participating institutions: Antiaging Group Barcelona, Spain (Chief: Jesús Benito-Ruiz); Clinic of Plastic and Reconstructive Surgery, Department of Medical Area, Academic Hospital of Udine, University of Udine, Italy (Director: Prof. P. C. Parodi); and Plastic Surgery Unit, San Carlo di Nancy Hospital, Rome, Italy (Head: Dr Damiano Tambasco).

The study included 79 patients and resulted in a manuscript under review at Aesthetic Plastic Surgery: Benito Ruiz J, Albanese R, Tomaselli F, Tambasco D. "Male chest reshaping with pectoral implants: a 20 years multicenter experience".

Breast contouring after massive weight loss

Member of a national and international collaborative research group investigating a new technique for breast reshaping after massive weight loss, the "RPS enhanced superior pedicle technique".

Participating institutions: Clinic of Plastic and Reconstructive Surgery, Academic Hospital of Udine, University of Udine, Italy; Department of Plastic, Reconstructive and Aesthetic Surgery, Hospital Sud, University of Rennes 1, France (Director: Prof. N. Bertheuil); and Plastic Surgery Unit, San Carlo di Nancy Hospital, Rome, Italy (Head: Dr Damiano Tambasco).

Related manuscript under review at Aesthetic Plastic Surgery: Beaufils T, Gherle B, Scarabosio A, Tambasco D, Berkane Y, Bertheuil N. "Refining breast contour in post massive weight loss mastopexy: the RPS enhanced superior pedicle technique".

Helium plasma cutting and coagulation in abdominoplasty

Leader of a national collaborative research group investigating the J-Plasma cutting and coagulation device (helium-based electrosurgical device) to reduce postoperative complications, particularly seroma, following abdominoplasty.

Participating centres: San Carlo di Nancy Hospital, Rome (Dr Damiano Tambasco); Clinic of Plastic and Reconstructive Surgery, Department of Medical Area (DAME), Academic Hospital of Udine, University of Udine, Italy (Director: Prof. P. C. Parodi); and Department of Plastic Surgery, University Hospital of Modena, UNIMORE, Italy (Director: Prof. G. De Santis).

Preliminary findings were published in Aesthetic Plastic Surgery: Tambasco et al. The Use of Helium Plasma Cutting Device in Lipoabdominoplasty: Preliminary Results. doi: 10.1007/s00266-024-04208-6.

Intraoperative ultrasound in secondary VASER liposuction

Lead investigator of a national and international collaborative research group investigating the technique and outcomes of intraoperative ultrasound in secondary VASER-assisted liposuction.

Participating institutions: Department of Surgery, Mayo Clinic, Rochester, Minnesota, USA (Dr Perez Pachon); Clinic of Plastic and Reconstructive Surgery, Department of Medical Area, Academic Hospital of Udine, University of Udine, Italy; Department of Sciences and Research, Department of Plastic Surgery, Total Definer,

Bogotá, Colombia (Dr Alfredo Hoyos); and Plastic Surgery Unit, San Carlo di Nancy Hospital, Rome, Italy (Head: Dr Damiano Tambasco).

The study included 102 patients and resulted in: Tambasco D, Hoyos A, Perez M, Tomaselli F, Mir J, Albanese R. Optimizing Safety and Precision for Secondary Liposuctions: Integrating Intraoperative Ultrasound With VASER Technology. Aesthet Surg J. 2024 Oct 16:sjae213. doi: 10.1093/asj/sjae213.

Knee and hip function following massive weight loss

Lead investigator of a national and international collaborative research group investigating the effects of weight changes on knee and hip joints in patients after massive weight loss.

Participating institutions: Clinic of Plastic and Reconstructive Surgery, Academic Hospital of Udine, University of Udine, Italy; Department of Orthopaedics, St Vincent's Hospital Melbourne, Victoria, Australia; Department of Surgery, University of Melbourne, St Vincent's Hospital Melbourne, Victoria, Australia; and Plastic Surgery Unit, San Carlo di Nancy Hospital, Rome, Italy (Head: Dr Damiano Tambasco).

Related publication: Tambasco D, Albanese R, Tomaselli F, Dowsey M, Parodi PC, Choong PFM. Impact of post-bariatric lipoabdominoplasty on knee and hip function: A biomechanical and symptomatic analysis. J Plast Reconstr Aesthet Surg. 2025 Oct;109:205-208. doi: 10.1016/j.bjps.2025.08.027.

GLP 1 receptor agonists and body contouring outcomes

Leader of a national collaborative research group evaluating the impact of GLP-1 receptor agonist treatment on outcomes and postoperative complication rates in patients undergoing body contouring surgery.

Participating centres: San Carlo di Nancy Hospital, Rome (Dr Damiano Tambasco); and Plastic, Reconstructive and Aesthetic Surgery Unit, University of Messina, Policlinico G. Martino, Via Consolare Valeria 1, 98125 Messina, Italy.

Preliminary findings were published in: Albanese R, Tomaselli F, Delia G, Tambasco D. GLP-1 Agonists in Aesthetic Surgery: Implications for Perioperative Outcomes and Body Contouring Procedures. Aesthetic Plast Surg. 2025 Sep;49(17):4910-4916. doi: 10.1007/s00266-025-05015-3.

External quilting sutures for the back after massive weight loss

Member of a national and international collaborative research group investigating a new quilting-suture technique in patients after massive weight loss, the "back external quilting suture".

Participating institutions: Clinic of Plastic and Reconstructive Surgery, Academic Hospital of Udine, University of Udine, Italy; Department of Plastic, Reconstructive and Aesthetic Surgery, Hospital Sud, University of Rennes 1, France (Director: Prof. N. Bertheuil); and Plastic Surgery Unit, San Carlo di Nancy Hospital, Rome, Italy (Head: Dr Damiano Tambasco).

Published study: de Garcia de la Vega M, Scarabosio A, Tambasco D, Rousson E, Watier E, Lengelé B, Berkane Y, Bertheuil N. Back External Quilting Suture in Massive Weight Loss Patients: A New Technique to Enhance Body Contouring. Plast Reconstr Surg Glob Open. 2026 Apr;14(4):e7607. doi: 10.1097/GOX.0000000000007607. Published online 2026 Apr 7. PMID: 41959937.

Editorial board memberships and peer review

Editorial board memberships

Journal of Advanced Plastic Surgery Research (ISSN 2414-2093). Editorial Board Member. An international scientific journal providing a platform for dermatologists, dermatologic surgeons, plastic and reconstructive surgeons, ENT surgeons and maxillofacial surgeons to exchange information on aesthetic, plastic and reconstructive surgery. It covers new procedures and techniques, including collagen injections, hair transplantation, laser therapy, dermabrasion, facelifts, liposuction, cryosurgery, electrosurgery, forehead and brow lifts, breast reduction, reconstructive breast surgery, facial and body contouring, grafting, rhinoplasty, surgical excision and tissue expansion.

Frontiers in Surgery, Plastic and Reconstructive Surgery section. Editorial Board Member. Impact factor: 1.8. A multidisciplinary journal publishing advances and research in surgical practice to improve clinical management and support surgical innovation. Indexed in PubMed Central, Scopus and Web of Science (SCIE), among other databases.

Journal of Surgery, Plastic Surgery section (ISSN 2575-9760). Editorial Board Member. Impact factor: 4.99. A peer-reviewed, open-access international medical journal dedicated to advancing surgery through research and scholarly contributions, providing a platform for surgeons, researchers and healthcare professionals to disseminate their work and promote international scientific dialogue.

Journal of Surgery and Surgical Research, Plastic and Reconstructive Surgery section (ISSN 2455-2968). Editorial Board Member. A peer-reviewed journal covering clinical and basic research relevant to surgery, with a focus on general, plastic, paediatric and bariatric surgery.

Modern Research in Plastic and Reconstructive Surgery (ISSN 2770-7636). Editorial Board Member. An online, peer-reviewed, open-access journal with an international focus on plastic and reconstructive surgery research. It covers developments throughout the specialty and welcomes original clinical and laboratory research, operative procedures, comprehensive reviews, cosmetic surgery, ideas and innovations, letters, case reports and perspectives.

Guest editorship

Journal of Clinical Medicine. Guest Editor of the special issue "Innovations in Plastic and Reconstructive Research". Impact factor: 3.0; CiteScore: 5.7; indexed in PubMed. The special issue promotes collaboration among surgeons, researchers and industry leaders to stimulate innovation and raise standards of care in plastic, reconstructive and aesthetic surgery.

Peer review

Aesthetic Surgery Journal. Reviewer. Impact factor: 3.9. A peer-reviewed international journal focusing on scientific developments and clinical techniques in aesthetic surgery. An official publication of The Aesthetic Society and the official English-language journal of numerous international societies representing South America, Central America, Europe, Asia and the Middle East. Also the official journal of the Canadian Society for Aesthetic Plastic Surgery, the Rhinoplasty Society, the British Association of Aesthetic Plastic Surgeons and the Italian Association of Aesthetic Plastic Surgery. Indexed in MEDLINE/PubMed and covered by the Clarivate Journal Citation Reports.

Aesthetic Plastic Surgery. Reviewer. Impact factor: 2.8. A publication of the International Society of Aesthetic Plastic Surgery and the official journal of EASAPS; SICPRE; the German Association of Aesthetic Plastic Surgeons (VDAPC); the Romanian Aesthetic Surgery Society (RASS); the Spanish Association of Aesthetic Plastic Surgery

(AECEP); the Argentine Society of Plastic, Aesthetic and Reconstructive Surgery (SACPER); the Rhinoplasty Society of Europe (RSE); the Iranian Society of Plastic and Aesthetic Surgeons (ISPAS); the Singapore Association of Plastic Surgeons (SAPS); the Australasian Society of Aesthetic Plastic Surgeons (ASAPS); the Egyptian Society of Plastic and Reconstructive Surgeons (ESPRS); the Chilean Society of Plastic, Reconstructive and Aesthetic Surgery (SCCP); the Bulgarian Association of Plastic, Reconstructive and Aesthetic Surgery (BULAPRAS); the Portuguese Society of Plastic, Reconstructive and Aesthetic Surgery (SPCPRE); and the Nicaraguan Association of Plastic Surgery (ANCP).

Plastic Surgery. Reviewer. Impact factor: 0.558. Official journal of the Canadian Society of Plastic Surgeons, the Canadian Society for Aesthetic Plastic Surgery, the Group for the Advancement of Microsurgery and the Canadian Society for Surgery of the Hand. Print ISSN: 2292-5503; online ISSN: 2292-5511.

Frontiers in Medical Case Reports. Reviewer. A peer-reviewed, international open-access journal publishing original communications, case reports and case series in medical and surgical sciences. ISSN: 2582-8142.

JAMA Dermatology. Reviewer. Impact factor: 11.8. An international peer-reviewed journal published continuously since 1882, covering the development of medical and surgical dermatology and oncological and aesthetic dermatologic surgery. ISSN: 2168-6068.

Scientific conferences and invited presentations

15-17 March 2019. Speaker, 7th AICPE Congress, Rome. "Radiofrequency helium plasma for soft tissue contraction".

15-17 March 2019. Workshop speaker, 7th AICPE Congress, Rome. "VASER ultrasound-assisted liposuction for high-definition liposculpture: when and how to perform it".

4-7 September 2022. Speaker, 12th International Course in Aesthetic Surgery, Colombian Society of Plastic, Aesthetic, Maxillofacial and Hand Surgery, Barranquilla, Colombia. "Radiofrequency helium plasma for soft tissue contraction of the lower limbs".

2019. Speaker, 37th National Congress of the Colombian Society of Plastic, Aesthetic and Reconstructive Surgery, Santa Marta, Colombia. "Radiofrequency helium plasma for soft tissue contraction". Dates listed: 18 August - 21 September 2019.

1 November 2016. Speaker, 7th Congress of the Spanish Society for Therapeutic Applications of Fat Transplantation (SETGRA), Barcelona, Spain. "The effect of pressure and shear on autologous fat grafting".

8-10 May 2015. Speaker, 23rd Mediterranean Meeting on Therapeutic Approaches in Cosmetic Medicine and Surgery, Sitges, Barcelona, Spain. "The impact of liposuction cannula size on adipocyte viability".

31 August - 4 September 2016. Speaker, 19th International Course in Aesthetic Plastic Surgery, Cali, Colombia. "Adipocyte damage in relation to different pressures generated during manual lipoaspiration with a syringe".

6 September 2020. Organiser, PSU Academy course, Rome, endorsed by AICPE. "Rhinoplasty: structure-reservation. Boundaries, indications and teaching methods". Chairs: Baris Cakir and Abdulkakir Goksel, Turkey.

23-25 March 2018. Speaker, 6th AICPE Congress, Florence. "Ultrasound-assisted liposuction in the treatment of mixed gynaecomastia".

23-25 May 2014. Speaker, 35th National Congress of the Italian Society of Aesthetic Medicine (SIME), Rome. "Thigh lifting in formerly severely obese patients".

2017. Speaker, 36th SCCP National Congress of Plastic Surgery and 10th FILACP Bolivarian Regional Congress, Cartagena, Colombia. "The effect of ultrasonic liposuction on fat graft viability".

18 October 2020. Organiser, PSU Academy meeting, "Advances and trends in body contouring", featuring international speakers and approximately 300 registered surgeons from around the world. Topics included high-definition body contouring and gluteal contouring. Course President: Raul Gonzalez, Brazil.

28-29 August 2020. Speaker, 12th 5CC World Congress, Barcelona, Spain. "Renuvion technology for the treatment of inner thigh laxity".

14-15 June 2021. Speaker, Congress of the Israeli Society of Plastic and Reconstructive Surgery, Tel Aviv, Israel. "Radiofrequency and helium plasma for soft tissue contraction: thigh and knee application with Renuvion".

31 March - 2 April 2022. Speaker, Voice of Europe session, EASAPS Congress, Lisbon, Portugal. "Safely combining lipoabdominoplasty with anatomic definition liposuction: technique and retrospective review of 490 consecutive cases".

5-7 October 2022. Speaker, ESPRAS Congress, Porto/Gaia, Portugal. "Safely combining lipoabdominoplasty with anatomic definition liposuction".

26-28 January 2023. Speaker, IMCAS World Congress, Paris, France. "VASER high definition techniques in combined procedures".

22-24 April 2022. Speaker, 9th AICPE National Congress, Sorrento. "Renuvion-assisted liposuction with the new APR handpiece: a retrospective and comparative review".

22-24 April 2022. Speaker, 9th AICPE National Congress, Sorrento. "High-definition abdominoplasty: when and how to do it".

19 March 2022. Speaker, 1st AICPE Course 2022, Rome, "Breast & Body Contouring - Video Surgery Course in Advanced Body Contouring Techniques". Presentation: "Advanced lipoplasty techniques".

20-21 May 2022. Speaker, AICPE Body Contouring Congress, Ponza. "Pectoral implants: indications, surgical technique and outcomes".

15-17 March 2019. Speaker, 7th AICPE Congress, Rome. "Radiofrequency helium plasma for soft tissue contraction".

15-17 March 2019. Workshop speaker, 7th AICPE Congress, Rome. "VASER ultrasound-assisted liposuction for high-definition liposculpture: when and how to perform it".

4-7 September 2022. Speaker, 12th International Course in Aesthetic Surgery, Colombian Society of Plastic, Aesthetic, Maxillofacial and Hand Surgery, Barranquilla, Colombia. "Radiofrequency helium plasma for soft tissue contraction of the lower limbs".

18-21 September 2019. Speaker, 37th National Congress of the Colombian Society of Plastic, Aesthetic and Reconstructive Surgery, Santa Marta, Colombia. "Radiofrequency helium plasma for soft tissue contraction".

1 November 2016. Speaker, 7th SETGRA Congress, Barcelona, Spain. "The effect of pressure and shear on autologous fat grafting".

8-10 May 2015. Speaker, 23rd Mediterranean Meeting on Therapeutic Approaches in Cosmetic Medicine and Surgery, Sitges, Barcelona, Spain. "The impact of liposuction cannula size on adipocyte viability".

31 August - 4 September 2016. Speaker, 19th International Course in Aesthetic Plastic Surgery, Cali, Colombia. "Adipocyte damage in relation to different pressures generated during manual lipoaspiration with a syringe".

6 September 2020. Organiser, PSU Academy course, Rome, endorsed by AICPE. "Rhinoplasty: structure-reservation. Boundaries, indications and teaching methods". Chairs: Baris Cakir and Abdulkakir Goksel, Turkey.

23-25 March 2018. Speaker, 6th AICPE Congress, Florence. "Ultrasound-assisted liposuction in the treatment of mixed gynaecomastia".

13-16 September 2017. Speaker, 36th SCCP National Congress of Plastic Surgery and 10th FILACP Bolivarian Regional Congress, Cartagena, Colombia. "The effect of ultrasonic liposuction on fat graft viability".

9-11 March 2023. Speaker, EASAPS Congress, "Body contouring and aesthetic breast surgery: difficult cases", Cervinia, Italy. "Extended necrosis after abdominoplasty".

14-16 April 2023. Speaker, 10th AICPE National Congress, Florence. "Helium plasma-assisted liposuction".

14-16 April 2023. Speaker, 10th AICPE National Congress, Florence. "HD lipoabdominoplasty: planning and execution".

11 May 2023. Speaker, EASAPS webinar, "Hot topics in body contouring". Presentation: "Skin tightening procedures: the state of the art". Webinar leads: Birgitte Stark, Sweden, and Mario Mendanha, Portugal.

13 May 2023. Speaker, SICPRE course, "Plastic surgery of the abdomen and suprapubic region", Florence. "How to safely combine abdominoplasty with high-definition liposuction".

23 June 2023. Scientific Director and speaker, International Renuvion Users Course, Athens, Greece. "Sharing my 5 years experience with Renuvion".

2023. Speaker, European Renuvion User Meeting, Valencia, Spain. "Pushing the limits: advanced uses of Renuvion in specialized body regions". Dates listed: 13 May 2023 and 16 September 2023.

22 September 2023. Keynote speaker, 71st SICPRE National Congress, "The future of plastic surgery", Rome. "HD liposculpture: strengths and limitations".

22 September 2023. Keynote speaker, 71st SICPRE National Congress, "The future of plastic surgery", Rome. "HD liposculpture: strengths and limitations".

23 October 2023. Faculty member, SICPRE Educational webinar, "Focus on gynaecomastia: from traditional to innovative techniques". "Innovative techniques for the treatment of male chest laxity".

17 November 2023. Speaker, AECEP National Congress, Madrid, Spain, 16-18 November 2023. "Skin laxity treatment: state of the art".

16 November 2023. Speaker, AECEP National Congress, Madrid, Spain, 16-18 November 2023. "HD lipoabdominoplasty".

21 October 2023. Speaker, AICPE course, "Gluteal aesthetics: from surgery to aesthetic medicine", Naples. "Gluteal contouring with autologous fat".

14 April 2024. Speaker, 11th AICPE National Congress, Rimini, 12-14 April 2024. "A three-dimensional approach to male chest contouring: a surgical approach based on 300 cases".

3-4 May 2024. Speaker, SICPRE-endorsed congress, "All about fat, minute by minute", organised by Prof. Giorgio De Santis, Rimini. "Fat and body contouring".

24-25 May 2024. Scientific Director and speaker, European VASER User Meeting, Bari. "Use of intraoperative ultrasonography to optimize secondary liposculpture".

24-25 May 2024. Scientific Director and speaker, European VASER User Meeting, Bari. "HD VASER lipoabdominoplasty".

11-15 June 2024. Speaker, ISAPS World Congress, Cartagena, Colombia. "Body profile survey: how requests change in the world".

11-15 June 2024. Speaker, ISAPS World Congress, Cartagena, Colombia. "The J medial thighplasty combined with a helium plasma assisted liposculpture: a novel technique".

Undated. Speaker, AACE (Argentine Association of Aesthetic Surgery) webinar, "Body contour hot topics". "A three dimensional approach to male chest contouring". Webinar leads: Gustavo Abrile and Carlos Moya, Argentina.

30 July - 2 August 2025. Speaker, 28th National Congress of the Indonesian Association of Plastic, Reconstructive and Aesthetic Surgeons (INAPRAS), Medan, Indonesia. Three presentations: "Medial thighplasty and brachioplasty combined with radiofrequency assisted liposculpture"; "Tissue retraction using energy assisted technology"; and "Beyond the curve: the evolution and refinements of our lipoabdominoplasty technique".

4-6 September 2025. Speaker, 8th Marbella International Plastic Surgery Summer School (MIPSS), Marbella, Spain. Three presentations: "Lipoabdominoplasty: a holistic approach for a perfect smash"; "Unveiling the learning curve of high definition liposuction"; and "Video session: inner thigh and skin tightening technologies".

11-14 September 2025. Speaker, InMode International Users Summit, Gran Canaria, Spain. Two presentations: "From ionized gas to intelligent RF" and "Challenging the limits: Quantum RF solutions for complex anatomies".

30 October - 1 November 2025. Keynote speaker, 73rd SICPRE National Congress, Naples. "Body contouring: safety, technologies and future perspectives".

27-29 November 2025. Speaker, ICAMP IWCM International Congress, Milan. "Body contouring: safety, technology and future".

Scientific awards and recognition

International Cartagine Award

19th edition. Awarded for achievements in research in regenerative plastic surgery. Presented in Rome on 15 October 2021. The award is divided into categories and is conferred following rigorous assessment by the International Health Bodies.

PRS Pick of the Month August 2025

The article "Minimizing Thighplasty Complications: A Combined Approach of J-Medial Pattern and Helium Plasma-Assisted Liposculpture" was selected as Pick of the Month for August 2025 by Prof. Kevin Chung, Editor-in-Chief of Plastic and Reconstructive Surgery, a leading American journal in the specialty. This recognition is awarded to articles considered to be of major scientific and clinical importance in international plastic surgery.

PRS Pick of the Month November 2025

The article "Impact of Lipoabdominoplasty and Rectus Diastasis Repair on Benzodiazepine Usage in Patients with Depression and Anxiety: A Prospective Study" was selected as Pick of the Month for November 2025 by Alan Matarasso, past President of the American Society of Plastic Surgeons (ASPS), for PRS Journal. The selection recognises the originality of the contribution and its relevance to the therapeutic role of plastic surgery in patients with psychological comorbidities.

Teaching research and professional training

- Tutor for external clinical and research rotations at San Carlo di Nancy Hospital, Rome, GVM Care & Research, for residents of the Plastic, Reconstructive and Aesthetic Surgery Residency Programme, University of Modena and Reggio Emilia (UNIMORE). Programme Director: Prof. Pinelli.
- Faculty member, second-level University Master's Programme in Aesthetic Plastic Surgery, academic year 2025/2026. A joint programme of AICPE (Italian Association of Aesthetic Plastic Surgery) and Link University for plastic surgeons seeking advanced training in a highly specialised setting recognised by the Italian Ministry of Universities and Research (MIUR).
- Lecturer for the seminar "4D Lipoabdominoplasty", Plastic and Reconstructive Surgery Residency Programme, University of Modena and Reggio Emilia (UNIMORE). Programme Director: Prof. Pinelli.
- 15 March 2025 - Present. Key Opinion Leader for InMode, Israel, manufacturer of IGNITE RF technology for surgical and non-surgical treatment of skin laxity. Scientific responsibilities for national and international congress activities and clinical research. San Carlo di Nancy Hospital, Rome, GVM Care & Research, is also a European training centre for this technology.
- 1 January 2020 - Present. Key Opinion Leader for Solta Medical, USA, manufacturer of VASER technology for ultrasound-assisted liposuction. Scientific responsibilities for national and international congress activities and clinical research. San Carlo di Nancy Hospital, Rome, GVM Care & Research, is also a European training centre for this technology.
- 31 January 2019 - 1 March 2025. Key Opinion Leader for Apyx Medical, USA, manufacturer of Renuvion technology for helium plasma-assisted liposuction. Scientific responsibilities for national and international congress activities and clinical research. San Carlo di Nancy Hospital, Rome, GVM Care & Research, also served as a training centre for surgeons from Europe and the Middle East.
- 1 June 2023 - Present. Key Opinion Leader for Lipobank, Italy, a start-up authorised to cryopreserve autologous adipose tissue in collaboration with a nationally recognised tissue bank, the Cesena Skin Bank, Emilia-Romagna Region. San Carlo di Nancy Hospital, Rome, GVM Care & Research, is the regional referral centre in Lazio for the use of this technology in aesthetic plastic surgery.

Management organisation and professional service

Head of the Aesthetic Plastic Surgery Unit

San Carlo di Nancy Hospital, GVM Care & Research, Rome. March 2022 - Present.

Clinical, organisational and strategic management of the unit, with multidisciplinary coordination of surgeons, anaesthetists, nurses and technical staff.

- Development of operating protocols, care pathways and safety standards, with continuous improvement of internal processes.
- Planning of surgical and outpatient activities, resource optimisation and oversight of quality of care.
- Development of innovative projects in advanced aesthetic surgery and promotion of in-house staff training.

Organiser and Scientific Director of the AMBER International Congress

Rome. Biennial congress. Key responsibilities include:

- Conception, design and scientific direction of an innovative international plastic surgery congress featuring leading plastic surgeons from around the world.
- Operational coordination of meetings, including live surgery at San Carlo di Nancy Hospital, GVM Care & Research, with integrated management of clinical staff, speakers, faculty and sponsoring companies.
- Development of a distinctive congress format using artificial intelligence extensively, with sessions hosted and moderated by Amber, the event's virtual host.
- Engagement of leading global industry partners as strategic sponsors, establishing AMBER as an international scientific and technological reference point.

Featured surgeon in Il Mio Amico Bisturi on Real Time

Central figure in the successful television series, in its second season, filmed at San Carlo di Nancy Hospital, GVM Care & Research. The programme explains the therapeutic and reconstructive role of plastic surgery and promotes ethical, responsible practice based on clinical appropriateness, reaching a wide audience and achieving national recognition.

The series also highlights the social role of the plastic surgeon through clear, scientific communication focused on patient wellbeing.

Scientific publications

Bibliography updated through 9 October 2026.

Total bibliographic entries: 119. PubMed-indexed records: 118.

First, second or last author: 108 of 119 entries.

PubMed-indexed publications

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Additional journal publication

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Book contributions

Nele G, Finocchi V, Schönauer F, Tambasco D, Namazi MR. (2024). In: Textbook of Advanced Dermatology: Pearls for Academia and Skin Clinics (Part 2), pp. 235-240. https://doi.org/10.2174/9789815238099124010051

Declaration

The statements contained in this curriculum vitae are made pursuant to Articles 46 and 47 of Italian Presidential Decree No. 445/2000.

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